

Person Completing Form: \_\_\_\_\_ Date: \_\_\_\_\_

Rate yourself by checking the box in the column that best describes your present level of performance related to vocational experiences in the categories outlined below.

*1 = Very Poor*
*2 = Poor*
*3 = Fair*
*4 = Good*
*5 = Very Good*

Category	Definition	1	2	3	4	5
<b>Motivation</b>	The driving force behind the energy required to complete a task					
<b>Reliability</b>	Dependable, able to be trusted, punctual					
<b>Perseverance</b>	Continued effort to do something despite difficulties, failure, or opposition					
<b>Adaptability</b>	Ability to change according to need or environment.					
<b>General Attitude</b>	Manner, disposition, feeling, position with regard to a person or thing					
<b>Ability to Make Independent Decisions</b>	The selection of a course of action among several alternative possibilities					
<b>Ability to act in an Emergency with Good Judgment</b>	The ability to make good decisions or come to sensible conclusions					
<b>Utilization of Resources</b>	Use of materials, energy, services, staff, knowledge, or other assets to produce benefit or help					
<b>Ability to Adjust Well to New Situations, like being away from home.</b>	Ability to change in order to work or do better in a new situation					
<b>Keeping Track of Belongings</b>	Keeps up with personal and work-related items, including schedules, clothing, money, etc.					
<b>Coping with Stress</b>	Anticipating what stressful situations will be like & preparing for how to cope with it					
<b>Following Directions from Teachers/Adults</b>	The action or fact of complying with a wish or command					
<b>Interactions with Peers with Disabilities</b>	Interactions at home, school or community					
<b>Interactions with Peers without Disabilities</b>	Interactions at home, community or school					
<b>Interactions with Children</b>	Interactions at home, community or school					
<b>Interactions with Supervisors</b>	Interactions with authority figures or supervisors in school, home and community					